

NARANAMMALPURAM SPORTS CLUB

Athletics Coaching & Assessment Center • Tirunelveli

ASSESSMENT DATE

10 October 2026

Distance: 30 Metres Sprint

OFFICIAL 30M SPEED ASSESSMENT

28

ATHLETES TESTED

5.60 s

FASTEST TIME

6.38 s

AVERAGE BEST TIME

30m

TEST DISTANCE

S.NO	ATHLETE NAME	RECORDED TRIAL TIMING(S) [SEC]	BEST TIME
1	Hussain	6.6	6.60 s
2	Lakshman Kumar	6.5	6.50 s
3	Abinaya	7.3	7.30 s
4	Sai Pranav	7.3	7.30 s
5	Guru Sethupathy	6.4	6.40 s
6	Gowsik	5.8, 5.9, 5.8	5.80 s
7	Sudhan	5.6, 5.7, 5.6	5.60 s
8	Abish Deva	5.6, 5.7, 5.8	5.60 s
9	Surya	6.3, 6.1	6.10 s
10	Enaya Suji	6.2, 6.2, 6.0	6.00 s
11	Asvika	7.0	7.00 s
12	Lakshitha	7.0	7.00 s
13	Sadhana	7.5	7.50 s
14	ViyanMathi	7.6	7.60 s
15	Sakithiyan	6.2, 6.0	6.00 s
16	Prabhu Saravana	6.5	6.50 s
17	Vetri Selvan	7.2	7.20 s
18	Sarathy	6.3, 6.2	6.20 s
19	Prajith	7.2	7.20 s
20	Anand	7.7	7.70 s
21	Viyan	5.9, 5.9	5.90 s
22	Praveen	6.1	6.10 s
23	Eshanth	5.9, 5.6, 5.6	5.60 s
24	Mayandi dass	5.9	5.90 s
25	Muthu Bala	6.4	6.40 s
26	Sanjay	6.6	6.60 s
27	Mohan	6.5	6.50 s
28	Varsha	5.8, 5.7	5.70 s

Athletics Coach Signature

Head Coach / Founder Signature